LivingFuel InSportRecovery®

LivingFuel InSportRecovery® is the most advanced, high-performance super FUEL for sports performance and recovery on earth. From the creators of the revolutionary functional superfoods LivingFuel SuperBerry®, SuperGreens, LivingProtein® and SuperEssentials® Aminos, comes LivingFuel InSportRecovery, designed to FUEL an athlete's every nutritional need for peak performance, endurance, hydration and optimal recovery before, during, and after workouts and competition.

LivingFuel InsportRecovery is one-of-a-kind highly digestible and ultra-fast-acting sports. energy and recovery drink in one. It contains broad-spectrum ultra-pure, ultra-fast-acting carbohydrates including non-corn tapioca maltodextrin, and ultra-fast-acting free-form essential acids with high-leucine Branched Chain Amino Acids, and a full-spectrum mineral, electrolyte mineral and trace mineral complex from natural Krebs Cycle bionutrients. Also included is a broad-spectrum vitamin and antioxidant complex of the highest bioavailability.

FUEL your best performance and your best recovery with LivingFuel InSportRecovery.

Contains: Egg (egg white powder)

Contains NO soy, dairy, gluten, artificial colors, artificial sweeteners or artificial flavors

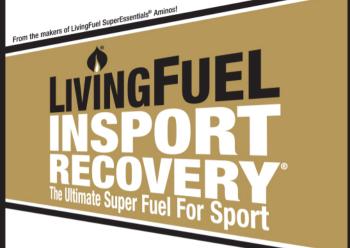
Directions

InSport (Before and During Exercise): For higher intensity workouts, mix 4 scoops with the ideal amount of cool water for the session and begin sipping 15 minutes before the workout. For lower intensity workouts, use 2-3 scoops. For workouts or competition beyond one hour, repeat as needed. Begin drinking 15 minutes before the workout and every 15 minutes thereafter. May consume the entire serving before the workout if desired.

Recovery (After Exercise): Within 15 minutes after a high intensity workout, use 4 scoops in 12+ ounces of cool water. After lower intensity workouts, use 2-3 scoops.



Exclusively Manufactured For and Distributed By: Living Fuel, Inc. P.O. Box 1048 Tampa, FL 33601 866-580-FUEL (3835) www.livinafuel.com info@livingfuel.com



ULTRA PURE MAXIMUM PERFORMANCE FUEL

Certified For Sport Ultimate Performance, Endurance, Hydration and Recovery FUEL Maximum ATP Enhancement

Ideal Carb/Protein and Carb/Free-Form Essential Amino Acid Ratios Broad-Spectrum Ultra Fast-Acting Carbs + Egg White Protein Ultra Fast-Acting Free-Form Essential Amino Acids with Hi-Leucine BCAAs

Broad Spectrum and Performance-Specific Vitamins, Minerals, Trace Minerals, Antioxidants

Ultra Pure-Highest Bio-Availability

Net Wt. 13.58 oz (385g)

www.livingfuel.com

Certified



For Sport

Supplement Facts

Serving Size: 4 level scoops (38.5g) Servings Per Container: 10

	Amount Per Serving	% Daily V
Calories	110	
Total Carbohydrate	22 g	
Sugars	15 g	
Protein	5 g	
Vitamin C (as calcium, magnesium & zinc ascorbates)	90 mg	1
Vitamin D (as cholecalciferol)	400 IU	1
Vitamin E (as d-alpha-tocopheryl acetate, mixed tocopherols)	10 IU	
Vitamin K (as phytonadione)	50 mcg	
Thiamin (as thiamine cocarboxylase)	0.5 mg	
Riboflavin (as riboflavin-5-phosphate)	0.5 mg	
Niacin	5 mg	
Vitamin B6 (as Pyridoxal-5-phosphate)	1 mg	
Folic Acid (as calcium folinate)	100 mcg	
Vitamin B12 (as methylcobalamin)	50 mog	
Biotin	100 mcg	
Pantothenic Acid (as calcium pantothenate, pantethine)	30 mg	3
Calcium (as ascorbate, phosphate, fumerate, malate, succinat	e, alpha 165 mg	
ketoglutarate, citrate)	05	
Magnesium (as ascorbate, fumarate, malate, succinate, alpha	95 mg	
ketoglutarate, citrate)		
Zinc (as ascorbate, fumarate, malate, succinate, alpha	5 mg	
ketuglutarate, citrate)	50	
Selenium (as L-selenomethionine)	50 mag 0.1 mg	
Copper (as copper citrate) Manganese (as fumerate, malate, succinate, alpha	0.1 mg 0.5 mg	
	U.5 mg	
ketoglutarate, citrate) Chromium (as chromium histidinate argininate)	20 mca	
Molybdenum (as fumerate, malate, alpha ketoglutarate,citrate Chloride (as sodium chloride)) 5 mcg 150 mg	
Sodium (as sodium chloride)	210 mg	
Potassium (as bicarbonate, fumerate, malate, succinate, alpha		
ketoglutarate, citrate)	420 mg	
retegieta ate, cicate)		
SuperEssentials® Aminos Proprietary Complex	6 g	
Creatine, L-Leucine, L-Lysine HCI, L-Phenylalanine, L-Valine		
L-Threonine, Glutamine, L-Arginine, L-Histidine, Glycine, L-N	Methionine, L-Tryptophan,	
N-Acetyl-Cysteine, Glutathione		
Methylsulfonylmethane (MSM)	250 mg	
ElevATP®	150 mg	
Choline (as choline bitartrate)	25 mg	
Green Tea (leaf) Extract (9% Polyphenols)	10 mg	
Inositol	10 mg	
Quercetin	10 mg	
Grape Seed, Stem, and Fruit Extract	10 mg	
Alpha Lipoic Acid	5 mg	
Coenzyme Q10	5 mg	
Tocotrienols	2.5 mg	
	750 mcg	
Boron (as boron citrate aspartate glycinate)	500 mcg	
Silica (as Horsetail (stem) Extract)		
	10 mcg	

Other Non-GMO Ingredients; egg white powder, orange juice powder, dextrose, organic cane juice powder, tapioca-maltodextrin, cranberry fruit powder, fructose, lemon fruit powder, beet root powder. d-ribose, natural flavors, rebaudioside A (stevia leaf extract)